

# **HOLY CROSS COLLEGE (AUTONOMOUS)**

**(Affiliated to M.S. University, Tirunelveli)**

**Accredited with A+ Grade (CGPA 3.35 – 4<sup>th</sup> Cycle) by NAAC**

**Nagercoil - 629 004, Tamil Nadu, India**



## **HEALTH AND HYGIENE ANNUAL REPORT (2020 -2021)**



## **2020-2021**

<b>Title of the Programme</b>	:	The Big Three of College Health
<b>Date</b>	:	10-03-2021
<b>Organized by</b>	:	Health and Hygiene Committee
<b>Theme/Objective</b>	:	To implement comprehensive health initiatives among students.
<b>Resource Person</b>	:	Dr. G. Sahaya Shiny
<b>Outcome of the Activity</b>	:	Improved overall well-being and academic success among students
<b>No. of Beneficiaries</b>	:	85
<b>Venue</b>	:	Holy Cross College, (Autonomous) Nagercoil-4



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AFFILIATED TO M.S. UNIVERSITY, TIRUNELVELI



## HEALTH AND HYGIENE COMMITTEE

*"The Big Three of College Health"*

*Date: 10.03.2021*

**Venue: Holy Cross College, Autonomous, Nagercoil**

**Time: 2.00 p.m. to 3.00 p.m.**



**Patron: Dr. Sr. Jerardin Jayam, Secretary**  
**President: Dr. Sr. Anne Perpet Sophy, Principal**

*Organisers: Health and Hygiene committee*



<b>Title of the Programme</b>	:	Awariness Programme on, Disorders caused by Vitamin D Deficiency
<b>Date</b>	:	10-03-2021
<b>Organized by</b>	:	Health and Hygiene Committee
<b>Theme/Objective</b>	:	To increase awareness, understanding, and strategies for addressing disorders associated with vitamin D deficiency.
<b>Resource Person</b>	:	Dr. Jasmine Vinoja, Department of Tamil, Holy Cross College [Autonomous], Nagercoil.
<b>Outcome of the Activity</b>	:	Enhanced recognition and management of disorders related to vitamin D deficiency through targeted interventions and education
<b>No. of Beneficiaries</b>	:	45
<b>Venue</b>	:	Seminar Hall, Holy Cross College, [Autonomous], Nagercoil.



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## HEALTH AND HYGIENE COMMITTEE

*Meeting on "Disorders caused by Vitamin D Deficiency"*

***Date: 10.03.2021***

**Venue: Seminar Hall**

**Time: 2.15-3.15 p.m.**

### RESOURCE PERSON

*Dr. Jasmine Vinoja,  
Department of Tamil,  
Holy Cross College [Autonomous],  
Nagercoil.*



**Patron: Dr. Sr. Jerardin Jayam, Secretary**  
**President: Dr. Sr. Anne Perpet Sophy, Principal**

***Organisers: Health and Hygiene committee***



**Title of the Programme : Covishield Vaccination Camp**

<b>Date</b>	:	01-09-2021
<b>Organized by</b>	:	Health and Hygiene Committee
<b>Theme/Objective</b>	:	To administer Covishield vaccinations to students to mitigate the spread of COVID-19 and promote campus safety.
<b>Resource Person</b>	:	Mrs. Asha Ajith, IAS, Municipal Commissioner
<b>Outcome of the Activity</b>	:	Enhanced immunity and reduced transmission of COVID-19 among students following Covishield vaccination.
<b>No. of Beneficiaries</b>	:	2100
<b>Venue</b>	:	Multipurpose Hall, Holy Cross College, [Autonomous], Nagercoil-4.





